

Physical Play

Ideas for play -

Find a spacious area either indoor or outdoors, away from distractions

If possible include a sibling in these activities

Practice throwing and catching with the weave ball, start by standing very close to your child, moving further apart if they are catching the ball with ease



Language with play -

Use reduced language with ball play and skittles

Examples of language with ball play 'ready, steady go, throw, catch, up, down'

Examples of language with skittles 'ready, steady go, roll, all fall down'

Use thumbs up and cheer when praising

Use animated gestures to show enjoyment

Extended language activities -

Prepositional language - the ball is under, beside, on, over

Counting skittles as you set them up.

Talking about the speed of the ball - fast/slow

Songs with play -

Warm up songs before activities

Songs we use in class from youtube

- head, shoulders, knees and toes - chuchutv
- we've got eyes
- if you're happy and you know it - super simple songs